



Better You, Better Planet

NDA TRAINING TASMANIA

RTO Provider : 60034

Course Cost - \$395

Duration – 1 Day

Locations

- Hobart
- Launceston
- Ulverstone

Course Dates

Course dates can be found on the training calendar on the NDA website. If you can't find a suitable date, email: bookings@nda.com.au

Private Training

This training can be delivered as a private course for your organisation and can be customised for your needs. The training can be delivered either on-site or at NDA premises.

Please contact us for further information and to be provided with a quote.

More Information

Phone: 03 6334 4910

Email: bookings@nda.com.au

Web: www.nda.com.au

BOOK

ENQUIRE

WEBSITE

Unit Code/s*:

BSBPEF201 – Support personal wellbeing in the workplace

BSBSUS211 – Participate in sustainable work practices

Course Objectives

This course teaches the skills and knowledge required to advocate for and feel empowered about personal wellbeing in the workplace. It also applies to individuals, working under supervision or guidance, who are required to follow workplace procedures and instructions in an environmentally sustainable manner.

Learning Outcomes

Recognise factors that impact personal wellbeing

- Identify personal factors that may impact on wellbeing
- Identify workplace factors that may impact on wellbeing

Plan communication

- Select appropriate communication approach
- Identify appropriate method for communication
- Plan relevant content

Communicate

- Arrange communication
- Conduct communication

Review effectiveness of communication

- Investigate available wellbeing resources
- Identify and review resources
- Select appropriate resources
- Document method for accessing resources

Measure sustainable work practices

- Identify sustainable work practices
- Measure current usage of resources
- Record and file resource usage documents
- Identify resource inefficiencies

Support sustainable work practices

- Identify and comply with sustainability procedures
- Identify workplace environmental hazards
- Report any breaches to organisational personnel

Seek opportunities to improve sustainable work practices

- Identify areas of improvement
- Consult to assess potential to improve sustainability
- Make suggestions for improvements

Optional Assessment - \$195 per unit

This course is part of a nationally recognised training program. Participants who successfully complete the optional assessment component of this course will receive a Statement of Attainment for the unit of competency aligned to the training course.

Exercises and activities completed during the course will be used as evidence towards unit competency.

Participants who choose not to be assessed will receive a Certificate of Attendance.